



## Water Pill Dose Instructions

**Lasix is a water pill that is also called Furosemide.**

**These instructions explain how to take the Furosemide water pill.**

**My Target Weight is: \_\_\_\_\_**

<b>Weight Range</b>	<b>Furosemide Water Pill Dose</b>
2 pounds (.9 kilograms) <b>above</b> target weight	Take _____ mg of furosemide _____ daily.
3 pounds (1.4 kilograms) <b>above</b> target weight	Take _____ mg of furosemide _____ daily.
4 pounds (1.8 kilograms) <b>above</b> target weight	Take _____ mg of furosemide _____ daily.
<b>More</b> than 4 pounds (1.8 kilograms) <b>above</b> target weight	Take _____ mg of furosemide _____ daily.
2 pounds (.9 kilograms) <b>below</b> target weight	Take _____ mg of furosemide _____ daily.
3 pounds (1.4 kilograms) <b>below</b> target weight	Take _____ mg of furosemide _____ daily.

**If there is no change in your weight for 3 consecutive days, contact your ICC Coordinator**

